

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:00-Keep Fit (4 th Floor Exercise Room) 2:00-Afternoon Coffee Social in the Bistro (Resident Run)	2 9:00-Seated Stretch (4 th Floor Exercise Room) 2:00-Bingo (3 rd Floor Craft Room) 	3 9:00-Keep Fit (4 th Floor Exercise Room) 2:00-Afternoon Coffee Social in the Bistro (Resident Run)	4 Shavuot Begins
5 10:00- Duncan United Church Service On YouTube (6 th Floor Games Room)	6 9:00-Keep Fit (4 th Floor Exercise Room) 2:00-Cranium Crunches (5 th floor Library)  Happy Birthday Yvonne G!	7 9:30-Move & Groove Fitness Class (4 th Floor Exercise Room) 2:00-Board Games (5 th Floor Library) (Resident Run)	8 9:00-Keep Fit (4 th Floor Exercise Room) 2:00- Strawberry Tea with Harp & Flute Entertainers (Multipurpose Room)	9 9:00-Seated Stretch (4 th Floor Exercise Room) 2:00-Bingo (3 rd Floor Craft Room) 	10 9:00-Keep Fit (4 th Floor Exercise Room) 2:00-Afternoon Coffee Social in the Bistro (Resident Run)	11
12 10:00-Duncan Christian Reformed Church Live Stream on YouTube 6 th Floor Games Room)	13 9:00-Keep Fit (4 th Floor Exercise Room) 2:00-Cranium Crunches (5 th Floor Library) 	14 9:00-Seated Stretch (4 th Floor Exercise Room) 10:00-Resident Council Meeting (Dining Room) Flag Day (US)	15 9:00-Keep Fit (4 th Floor Exercise Room) 2:00-Afternoon Coffee Social in the Bistro (Resident Run)	16 9:00-Seated Stretch (4 th Floor Exercise Room) 2:00-Bingo (3 rd Floor Craft Room) 	17 9:00-Keep Fit (4 th Floor Exercise Room) 2:00-Afternoon Coffee Social in the Bistro (Resident Run)	18
19 9:30-Duncan Pentecostal Church Service Live Stream on YouTube (6 th Floor Games Room) Happy Father's Day Father's Day Juneteenth	20 9:00-Keep Fit (4 th Floor Exercise Room) 2:00-Crafts-Making Flower table decorations 	21 9:00-Seated Stretch (4 th Floor Exercise Room) 2:00-Board Games (5 th Floor Library) (Resident Run) Summer Begins	22 9:00-Keep Fit (4 th Floor Exercise Room) 2:00-Afternoon Coffee Social in the Bistro (Resident Run)	23 9:00-Seated Stretch (4 th Floor Exercise Room) 2:00-Bingo (3 rd Floor Craft Room) 	24 9:00-Keep Fit (4 th Floor Exercise Room) 2:00-Monthly Birthday Party (3 rd Floor Craft Room) 	25
26 10:00-Duncan United Church Service On YouTube (6 th Floor Games Room)	27 9:00-Keep Fit (4 th Floor Exercise Room) 2:00-Afternoon Coffee Social in the Bistro (Resident Run)	28 9:00-Seated Stretch (4 th Floor Exercise Room) 2:00-Board Games (5 th Floor Library) (Resident Run) 	29 9:00-Keep Fit (4 th Floor Exercise Room) 2:00-Afternoon Coffee Social in the Bistro (Resident Run)	30 9:00-Seated Stretch (4 th Floor Exercise Room) 2:00-Bingo (3 rd Floor Craft Room) Happy Birthday Bob C !		